

# Our Lady of Mount Carmel

203 Newton-Swartwood Road  
Newton, NJ 07860

[www.olmcswartwood.org](http://www.olmcswartwood.org)

Sunday, January 3, 2016  
The Epiphany of the Lord



## Weekend Masses

Saturday: 5:00pm  
Sunday: 7:30am / 9:00am / 11:00am

## Daily Masses

Monday-Saturday: 8:30am (except Wed.)  
Wednesday: 7:00pm

First Friday Mass: 2:00pm  
@Homestead Nursing Home  
Civil Holidays: 9:00am  
Holy Days: 9:00am / 7:00pm

## Sacrament of Reconciliation

Saturday: 4:15pm-4:45pm

## Sacrament of Baptism

By appointment.

## Sacrament of Marriage

Please arrange 1 year in advance.

## Anointing of the Sick

Please call the office to arrange.

## RCIA

For adults who wish to become Catholic & Catholics who wish to be Confirmed. Please contact Fr. Abuchi.

## Eucharistic Adoration

Monday 9:00am-12:00pm

## Food Pantry

Available by appointment.

## Music Ministry

[olmcmusicministry@gmail.com](mailto:olmcmusicministry@gmail.com)

## Youth Group

[olmcyg@gmail.com](mailto:olmcyg@gmail.com)

## New to the Parish

Please contact the office & register!

Father Abuchi F. Nwosu,  
*Administrator*  
[fatherabuchi@aol.com](mailto:fatherabuchi@aol.com)

Father Angelus Croce,  
*Weekend Assistant*

Father Peter Oddo,  
*Weekend Assistant*

Deacon Anthony Barile

Deacon Edward Muller

Allison Murphy,  
*Music Director & Secretary*

Kathy Modrow,  
*Secretary*

Dan Salvatore,  
*Coordinator of Religious Ed.*

Heather Falotico,  
*Youth Minister*

## Parish Office

Hours: 9:00am-1:00pm

Phone: 973-383-3566

Fax: 973-383-3831

[mtcarmelswartwood@gmail.com](mailto:mtcarmelswartwood@gmail.com)

[www.olmcswartwood.org](http://www.olmcswartwood.org)

## Religious Education Office

Hours: 9:00am-1:00pm

Phone: 973-579-2355

[olmcccd@gmail.com](mailto:olmcccd@gmail.com)

“Where is the newborn king of the Jews?  
We saw his star at its rising  
and have come to do him homage.”

Matthew 2:2



**Sunday, January 3, 2016**  
**The Epiphany of the Lord**

**Mass Intentions**

**Saturday, January 2**

1 Jn 2:22-28 /Ps 98:1, 2-3AB, 3CD-4 / Jn 1:19-28

8:30am *Intentions of a Student*

5:00pm *Leo E Kinney*

**Sunday, January 3**

Is 60:1-6 /Ps 72:1-2, 7-8, 10-11, 12-13 / Eph 3:2-3A, 5-6 /Mt 2:1-12

7:30am *John Rivara, 30th Anniversary*

9:00am *Marie & Peter Altamura*

11:00am *Intentions of Sal Romano*

**Monday, January 4**

1 Jn 3:22-4:6 / Ps 2:7BC-8, 10-12A / Mt 4:12-17, 23-2

8:30am *For All OLMC Manna House Volunteers*

**Tuesday, January 5**

1 Jn 4:7-10 / Ps 72:1-2, 3-4, 7-8 / Mk 6:34-44

8:30am *Sam Sorce*

**Wednesday, January 6**

1 Jn 4:11-18 / Ps 72:1-2, 10, 12-13 / Mk 6:45-52

7:00pm *For All OLMC Catechists*

**Thursday, January 7**

1 Jn 4:19-5:4 / Ps 72:1-2, 14 & 15BC, 17 / Lk 4:14-22

8:30am *Carolyn Distasio and Wilma Jones*

**Friday, January 8**

1 Jn 5:5-13 / Ps 147:12-13, 14-15, 19-20 / Lk 5:12-16

8:30am *For OLMC Homestead Eucharistic Ministers*

**Saturday, January 9**

1 Jn 5:14-21 /Ps 149:1-2, 3-4, 5-6A & 9B / Jn 3:22-30

8:30am *Intentions of Deacon Ed Muller*

5:00pm *Intentions of a Student*

**Sunday, January 10**

Is 40:1-5, 9-11/Ps 104:1b-4, 24-25, 27-30/Ti 2:11-14; 3:4-7/Lk 3:15-16, 21-22

7:30am *For All OLMC Eucharistic Ministers*

9:00am *Pat Bush*

11:00am *Herb Fraser*

**Please Remember and Pray For:** Joan Bamrick, Rose Barrise, Ann Bott, Walter & Concetta Brock Jr., Robert J. Caffrey, Joseph Colon, Carmine Curulli, Luca Dewey, Linda Flynn, Ciro Grafano, Suzanne Hammond, Ava Kljajic, Bruce Konar, Susanne Martone, James B. Nienstedt, Sister Peggy Noone, Stephen Osborn, Margie Palazzo, Stan Pavlak, Connie Pyne, Colleen Romano, Sal Romano, Joan Royer, Carole Salvatore, Greg Schmiditty, Gloria Shope, Dale Swododa, Roberta Treptau, David & Vince Ventresca, Arthur John Whelan, Laura Whelan

**Please note:** Please contact the office with any names that should be added to this month's prayer list. Thank you!

**Reminder:** There will be **NO Senior Group** meetings in January or February!

**A Good Steward**

**12/20/15 Sunday Collection....\$3,724**



OLMC's Annual Tree Lighting & Covered Dish Dinner



Photos by George S. Shammas



**Attention:** Please have all bulletin announcements submitted at least 11 days in advance to guarantee that it will appear in the bulletin. Thank you!

**Visitation of the Sick & Homebound**

If you would like a visit from a priest, please contact the office. Also, please let us know when someone is admitted to the

**Lectors Needed:** Directly assisting at Mass is a source of tremendous additional graces. Lectors are needed to assist at weekend & Holy Day Masses. Training will be provided. Please contact Fr. Abuchi or Dina Salvatore @973-579-1908 for more information.

**WOMEN AND MEN OF THE ARMED FORCES**

We ask God the Father, through the intercession of St. Michael the Archangel to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Larisa Furs, US Navy; Lieutenant Jason Gieniewski, U.S. Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lieutenant Daniel T. Pevarnik Jr., National Guard; Lance Corporal Garrett Michael Reynolds USMC; Captain Cheryl Ryan; US Army, Seaman Recruit Tylor Joseph Salonia; Michael Valeich, Staff Sergeant; Robert Williams, Airman



**Sacred Heart Spirituality Center** will hold its *Women's Retreat Weekend on January 8-10, 2016. The theme for this retreat is: "God's Mercy Through the Ages". It will focus on the history of God's merciful love poured out on His people right up to the present day.*

*A weekend experience creates a special bond and climate among the retreatants and allows one the time to relax and recharge; however, if someone is unable to make the entire weekend, there is the possibility of coming on Saturday only.*

The registration form can be found on our web site: [www.sacredheartspiritualitycenter.org](http://www.sacredheartspiritualitycenter.org)  
Please call 973-383-2620 or e-mail [shretreatcenter@gmail.com](mailto:shretreatcenter@gmail.com) for further information.

### **St. Paul Inside the Walls:**

#### **Young Adult Mass (Ages 23-39) with Bishop Serratelli**

All young adults between the ages of 23-39 are invited to pray together at the annual diocesan-wide Young Adult Mass with Bishop Serratelli. Mass will be celebrated by Bishop Serratelli at 5:30 p.m. followed by a young adult social with drinks and light food until 8:30 p.m. hosted by the Diocese of Paterson Office of Evangelization with hospitality provided by the St. Paul Young Adults. This is a great opportunity for all young adults in the Diocese to come together in faith and fellowship to pray together and kick off the new year.

**Madison, Saturday, January 9 from 5:30-8:30 p.m.**

Please go to [www.insidethewalls.org](http://www.insidethewalls.org) for more information and to register.

**Attention Youth Group**, Our next meeting will be Saturday January 2<sup>nd</sup> at 3:30pm followed by Mass.

**The Youth Group** will be having a **Chilli Cook Off** on Saturday January 9<sup>th</sup> at 6pm. The cost is \$10 to enter, taste, and vote, and \$5 to anyone who would like to taste and vote only. There will be prizes for the top chilli cooks. Please sign up at the side doors if you would like to enter.

Fr. Abuchi and the OLMC Staff hope everyone had a Merry Christmas and wish you a Happy New Year!



Photo by George S. Shammass

A huge "thank you" to everyone who donated to this year's tag tree! Your generosity is greatly appreciated!

"Then opening their treasures, they offered him gifts, of gold, frankincense and myrrh" (Mt 2:11). Let us pause here a while to understand this passage of the holy Gospel. How is it possible that we, who are nothing and worth nothing, can make an offering to God? ...

**Giving is a vital need for those in love:** But the Lord knows full well that giving is a vital need for those in love, and he himself points out what he desires from us. He does not care for riches, nor for the fruits or the beasts of the earth, nor for the sea or the air, because they all belong to him. He wants something intimate, which we have to give him freely: "My son, give me your heart" (Prov 22:26). Do you see? God is not satisfied with sharing. He wants it all. It's not our things he wants. It is ourselves. It is only when we give ourselves that we can offer other gifts to our Lord.

**Gold, What is our treasure?** Let us give him gold. The precious gold we receive when in spirit we are detached from money and material goods. Let us not forget that these things are good, for they come from God. But the Lord has laid down that we should use them without allowing our hearts to become attached to them, putting them to good use for the benefit of all mankind.

Earthly goods are not bad, but they are debased when man sets them up as idols, when he adores them. They are ennobled when they are converted into instruments for good, for just and charitable Christian undertakings. We cannot seek after material goods as if they were a treasure. Our treasure is here, in a manger. Our treasure is Christ and all our love and desire must be centered on him...

**Frankincense, human warmth:** We offer frankincense that rises up to the Lord: our desire to live a noble life which gives off the "aroma of Christ." To impregnate our words and actions with his aroma is to sow understanding and friendship. We should accompany others so that no one is left, or can feel, abandoned. Our charity has to be affectionate, full of human warmth.

**Myrrh, the spirit of sacrifice:** Together with the Magi we also offer myrrh, the spirit of sacrifice that can never be lacking in a Christian life. Myrrh reminds us of the passion of our Lord. On the cross he is offered wine mingled with myrrh. And it was with myrrh that his body was anointed for burial. But do not think that to meditate on the need for sacrifice and mortification means to add a note of sadness to this joyful feast we celebrate today. - Christ is passing by, 35-37

Mortification is not pessimism or bitterness. Mortification is useless without charity. That is why we must seek mortifications which, while helping us develop a proper dominion over the things of this earth, do not mortify those who live with us... A Christian is a person who knows how to love with deeds and to prove his love on the touchstone of suffering.

**The star:** We read in the Gospel that the Magi, *videntes stellam* — when they saw the star — were filled with great joy. — They rejoiced, my son, they were immensely glad, because they had done what they were supposed to do; and they rejoiced because they knew for certain they would reach the King, who never abandons those who seek him. -The Forge , 239

-From the writings of Saint Josemaria Escriva